



YOUNG WOMEN'S OPEN DISCUSSION

**Held via Zoom 7– 8 pm (NY Time)
Multiple Dates listed on website**

**Open to women nationwide, under the age of 50,
who have or have had breast, ovarian or any gynecological cancer.
Pre-registration is required. For dates or to register,
call Support Connection 914-962-6402 or 800-532-4290.**

There is no age discrimination for cancer. Support Connection understands the unique challenges faced by those diagnosed at a young age.

What are the challenges you face as a young woman living with a diagnosis of breast, ovarian or gynecological cancer? What strategies have you found helpful in navigating life after cancer diagnosis? Join us for this open discussion where you can connect with other young women coping with issues such as:

- Stress and anxiety**
- Self-Care**
- Intimacy & Sexual Health**
- Loss of Youthfulness & Body Image**
- Work & Family Life**
- Any other topics of interest you would like to discuss**

The discussion will be led by a Support Connection Peer Counselor who was diagnosed at a young age. Meet others who have similar concerns. Share experiences and support as you navigate short and long-term effects of a cancer diagnosis at a young age.