

THE ROAD FORWARD: NAVIGATING LIFE AFTER CANCER TREATMENTS

A NATIONAL WEBINAR/
TELECONFERENCE

TUES. FEB. 7, 2017
8 - 9 pm (EST)

Open to women **nationwide** who are living with
breast, ovarian and gynecological cancers.

**Pre-registration required. Call Support Connection:
914-962-6402 or 800-532-4290.**



TOPICS:

- **Recommendations for surveillance:** Which tests and exams do I need? Who do I need to follow up with?
- **Late and long term treatment effects:** Lymphedema; cardiotoxicity; cognitive issues; bone health; pain.
- **Psychosocial issues:** Body image; depression or anxiety; fatigue. They are not all in your head!
- **Mind and body wellness:** The connections between the two.
- **Other concerns:** Sexual health, fertility and menopause; your ongoing treatment plan for long term health and wellness through nutrition, physical fitness, etc.
- **Question and answer period.**

supportconnection.org

SPEAKER:

Mary Greco, MS, FNP-C

Mary Greco is a certified nurse practitioner with 30 years' experience. She is an Oncology Breast Care Nurse and a Breast Cancer Nurse Navigator.

Mary has worked in clinical practices and as a clinical research assistant in the fields of breast cancer and cell mediated immunity.

At Northern Westchester Hospital, Mary serves as clinical coordinator for the Breast Institute.

Mary has been a nurse trainer for the NYS Dept. of Health Cancer Screening Program and belongs to multiple nurse and breast specialty organizations.

